Council on Aging
July 16, 2025
Grange Hall, Town Hall Lower Level
9:15 Am

1. Members Present : Mary Down, Ron Mayer, Jean Haight, Joan Simmons, Chuck Raffoni. Missing: Barbara Martin. Meeting called to order at 9:30 AM.
2. Minutes from the June 4, 2025 meeting were reviewed and approved.
3. Update on Parlee Farms field trip: Ron reported that although this would be a great idea for an elder and their grandchild, several things may make this trip not workable at this time. These include: no predictability for the schedule, no group function area or senior discount, and the pathway for organizing the trip with Parlee is complicated. It was suggested that perhaps in the Fall we consider a trip or another orchard such as Carlson Orchards in Harvard.
4. Salisbury Beach trip: Barbara researched the pricing and Chuck followed up. It was decided to take one van, and have private cars cover the remaining participants. There will be limited options, and folks will pay a set fee of $30.00 for the trip. If anyone wants to get a more expensive lunch, they will need to cover that cost on their own, and if anyone wants ice cream, that is on their own. The date is September 10th, to the Sea Glass restaurant. The number of participants is limited to 25. Chuck will advertise for sign ups.
5. Fitness Classes: Monday AM and Tuesday PM classes: these will end at the end of July, but Chuck would like to continue them and have a minimal cost for the class. The YMCA can be hired for 5 weeks, people can pay $35.00 for the 5 classes, drop ins will cost $10.00. It was decided to only continue with the Barre Fusion class on Mondays.
6. Farm Market: would like to have Tully Farm come back for one more day. Chuck will look into this.
7. Meals: 8/6- BYOlunch, 8/13 Taco Bar with Traveling Chef, 8/20 Omelets/ sausage/potatoes, 8/27 Pizza, salad, ice cream. September TBA
8. Barry Scott and BBQ- will be moved to Town Hall to accommodate the number of participants. Chuck will check to be sure Traveling Chef will be able to provide up to 50 meals.
9. Next COA meeting: August 20th, meeting adjourned at 10:30.

Submitted by Jean Haight, COA secretary